



NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 4 NO. 2

NEWARK, NEW JERSEY

APRIL, 1986

Positive Values Appealing To Girls In Future Nurses Program

The Future Nurses Program, part of NCC's Anti-Crime program is well underway. The girls are now 53 in number, and members are from all over the Newark area. They are enthusiastic about the new program and it shows in their commitment to meetings and seminars. Most of the girls have been trained in C.P.R. and have passed their test. Their instructor, Ms. Soledad Alston, was very impressed with their serious attitudes about the assignments. More important, the daily visits of potential members to the NCC Office, and the telephone calls inquiring about the program makes it very clear that the girls are telling their friends about it.

Contrary to popular belief, teenagers DO want something positive to do, and if a creative and productive program is offered they will partake of it. Ms. Ernestine Hill, of Georgia King Village, called to request an application for her 13 year old daughter after reading the March issue of the Clarion. Her comment was, "This is just the type of activity I've been wanting for my daughter." The program is designed to give young ladies incentive for career goals, while providing them with cultural, social and clinical exposure as well.

Many of the girls did not realize that the initial part of the program is on a volunteer basis. However, we will be looking for sponsors for the

older members so that they will have an opportunity to earn money during the summer months. Their orientation however, is based on the knowledge and fact that volunteer time can be just as important as paid time. It is stressed that when you volunteer to provide a service you are actually acquiring knowledge. For instance, all of the girls that passed the C.P.R. test have a valued skill that they can use if the need arises. They may be in a position to save a life — power through knowledge. They are learning that once you obtain knowledge it can never be taken away. The more you know the more valuable you are. It has been stressed that their desire to make money is not as important as their need to learn "how to make money, so that they will be skillfully prepared to market themselves as the valuable human beings that they are." They will then be able to earn wages that will afford them the life styles of their choice.

The young ladies in the program are already showing positive signs. They have quickly become a unified group and the ethnic mix is great. They have organized themselves into committees and elected officers to represent each committee. These smaller groups will plan and implement fund raising events and coordinate many of the activities of in-

terest. The girls are learning how to develop work relationships and respect for each other's abilities. The Advisory Committee selected Tywana Lewis as their president because "she's very serious." The Refreshment Committees's choice of Beatrice Brown and Shemay Ragin as president and business manager was also because both people are

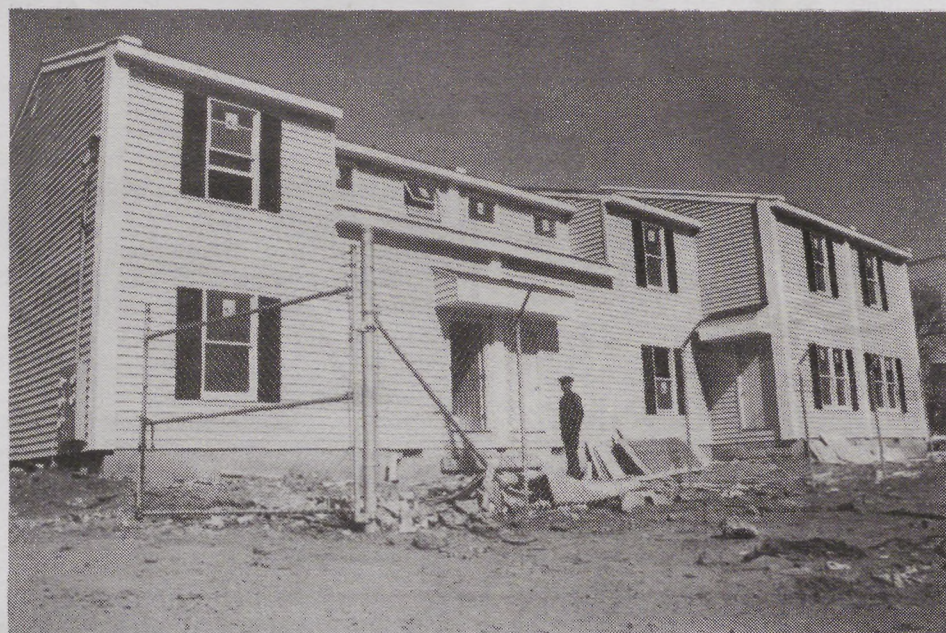
serious and committed. The Entertainment Committee which is 15 in number selected a Sergeant-at-arms for their group, Moniqu Jacobs, because they recognize their need for discipline. This is the only group that has a Sergeant-at-arms.

When youths identify their problems and work with them in an ap-
Continued on page 3

New Community Estates Is Taking Shape

Like a butterfly emerging from its cocoon in Springtime, the unobtrusive jumble of box-like modules at Camden Street and Fourteenth Avenue has been transformed into four single-family townhouses, and the beginning of a new look for

ed to see a window over the sink to brighten an area in the kitchen where much time is spent. The front entry of the three-bedroom model was gracious and quite spacious, allowing one to greet guests in out of the elements. Upstairs, the well laid out



With its exterior work completed, the first group of townhouses presents an inviting view to prospective buyers and passersby.

Newark. They represent the first section of NCC Estates.

Workers were busy all this month, putting canopies over outside doorways and aluminum siding on the units. Soon the area will be graded, steps and sidewalks put in. Finally will come the landscaping. Foundations are already in for the next group of units. In the meantime the interior finish work is being completed on the original units.

Inside, the houses have wall-to-wall carpeting, well appointed bathrooms and lovely kitchen cabinets. The kitchen we viewed had cabinets with a dark wood finish which blended well with the gold vinyl floor. I was pleas-

bathroom boasted a large wooden mirrored fixture with medicine chest hidden in the center, and hinged wings providing the advantages of a three-way mirror when pulled forward. This was located over a long marbelized countertop and sink.

The units come in two types. The three-bedroom model has a living room with dining area, kitchen and half bath on the first floor and bedrooms and full bath on the second. In the two-bedroom unit the first floor contains a living room and an eat-in kitchen with bedrooms and a full bath above. Living space in the larger unit is 1,500 square feet while the

Continued on page 2

Easter Joy Is Shared



A proud young lady shares her Easter egg treasures with attentive NC Extended Care Facility residents.

Commissioner Of Human Services Pays A Visit To NCC Network

On March 20th, Acting Commissioner Geoffrey S. Perselay of the New Jersey Department of Human Services toured St. Joseph Plaza, Babyland III and the New Community Extended Care Facility with Ms. Mary Smith, Executive Director of Babyland, Matthew Reilly, NCC Director of Development, Dr. Paul

New Jersey Department of Human Services, Geoffrey S. Perselay administers a \$3.6 billion budget, putting his department 8th in a class with some of the largest corporations in New Jersey and ahead of such well knowns as Ingersoll-Rand and Squibb in terms of sales. The department services about 1 million residents each



Acting Commissioner Geoffrey S. Perselay (right), flanked by Carolyn Palmer, his executive assistant, pauses on his tour of St. Joseph Plaza with (L-R) Georgia Ransome, Director of Public Information Charlene Brown, Mary Smith, and Dr. Paul Kearney.

Kearney, Babyland Pediatrician and Medical Director of the Extended Care Facility, and Madge Wilson and Georgia Ransome, Babyland Board Members.

Discussed with Perselay during the tour were the need for a shelter for the homeless, a shelter for unwed teenage mothers, health care, etc.

As Acting Commissioner of the

year, or about one out of every eight New Jersey residents.

Since his appointment on July 1, 1985, Perselay oversees the operation of some 23,000 employees and is responsible for the administration of seven mental health institutions, ten developmental centers for developmentally disabled people, two homes for disabled veterans, and several residential programs for emotionally disturbed youth.

The department also provides community care in mental health and mental retardation, as well as youth and family services, veterans assistance, welfare, medical assistance programs, and aid to the blind. By phasing-in an array of new community projects, the department provides the necessary support to enable vulnerable people to stay in their own homes and communities.

Health Alert For Parents!

It is known that when a person has cancer and is treated with Chemotherapy, these drugs help destroy the cancer but unfortunately they also destroy one's immunity from diseases that had been acquired from childhood. This means that a person on Chemotherapy is more susceptible to any type of infection or contagious disease. Sometimes in the rare instance when an infant is vaccinated and is then cared for by a person who is being treated with Chemotherapy, that person may come down with the disease i.e. polio, measles, german measles or mumps. Therefore, I strongly urge all mothers to keep their children who are sick or who have been recently vaccinated away from any person who is receiving Chemotherapy.

Dr. Paul Kearney
Babyland Pediatrician

Townhouses Taking Shape

Continued from page 1

smaller unit provides 925 feet.

According to Matthew Reilly, director of development, NCC has worked out a unique financing operation involving the cooperative efforts of city, state and federal funding sources and a mortgage banker from the private sector.

With the help of a \$560,000 loan from the city, originating from the 1983 federal Emergency Jobs Act, money is being made available to NCC as the designated non profit developer of the site on a reimbursement basis for construction costs.

"When we close title on a unit, we give back \$10,000 to the city and the city turns it back to the mortgage banker, Larson Financial Resources of Bridgewater.

"Larson, in turn, will establish a trust account on behalf of the purchaser of the unit. On a monthly

The project has also had the help of the New Jersey Housing and Mortgage Finance Agency who are for the first time providing permanent financing for a condominium project in Newark. An interest-free seed loan of \$154,000 from the state Department of Community Affairs enabled NCC to purchase the first four units and covered up-front development costs.

Condos will be made available on a first-come first-served basis, to anyone who can secure financing and complete the underwriting process, said Reilly. Newark residents will be given preference, and phone calls and letters are already coming in asking about the units. A firm price for each condo will be set when NCC compiles the total to them of the initial units, including excavation and utility hookups.

The minimum price is expected to



Midway through the siding of the first townhouses, workmen put finishing touches on the building's facade.

basis, a portion of the account will be drawn out and used to write down the mortgage and tax payments. About \$175 to \$200 will be drawn out monthly, tapering off to the point where about six years from now the purchaser will be making full payments on a 30 year mortgage."

be in the \$50's.

Clusters of four and eight will be put up bringing the total number of units to 56. Demand and financing will determine the timing of the project overall.

We'll keep you posted on our progress.



One of the new kitchens, brightly illuminated by a big window over the sink.

Watch NCC on TV!

on
**Metroline
Channel 13**

**April 17th, 1986
At 10:00 P.M.**

A documentary on Newark will be presented.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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Positive Values Help Anti-Crime Program ...



By Georgia Ransome

Continued from page 1

appropriate manner such as this, it would seem that what we are trying to do, is working.

Another incident also demonstrated how the program had begun to build character and respect for one another. One of the groups asked to delay being photographed for the Clarion because quite a few of their members were not able to be present and they wanted everyone included.

These are the qualities of respect and caring that make good co-workers, friends and church members.

With the proper motivation these 53 young women will be, we hope, the beginning of a new and better breed of citizens.

They are off to a great start!

Anti-Crime Program Has Director For Chorus

The neighborhood Anti-Crime Program will be accepting applications for membership in **The Community Chorus**. Registration will be held on Tuesday April 8th from 3 to 5:00 P.M. at Commons Pavillion, 298 Morris Ave.

This program will not only provide youths with the opportunity to sing and perform plays and talent shows, it will also expose them to the theater, opera, ballet, etc. Participants will learn music appreciation and why music is called the Universal Language. They will be trained and given the opportunity to express their musical talents.

This program will be under the guidance of **Ms. Linda Chirelus** an Arts High and Community School of the Arts Alumni. She is the mother

of 5 and resides across from the Extended Care Facility. When she heard about the program from Stephanie and Tanglina Craig, members of the Future Nurses Program, she volunteered to direct the chorus we were planning to organize. Ms. Chirelus presently is the assistant Director of the Inspirational Choir of Revival Temple in Newark. She plays the piano and organ and her music con-



Officers of the Advisory Committee.

centration is in opera. She will be an asset to our program as she comes with knowledge in music and a generous heart that allows her to share that knowledge with youth.

We are grateful to have her.

Georgia Ransome

Anti-Crime Program To Host Educational Forum

Beginning April 7th the neighborhood Anti-Crime Program will host an educational Forum. This effort is to focus on the people that need to obtain their G.E.D. Diplomas. There will be a panel to answer questions on the issues concerning adult education, and support systems necessary, such as daycare. NCC's goal is to have a full day time site at New Community and also at St. Rose of Lima. The St. Rose of Lima site would feature English as a second language and the G.E.D. in Spanish, offering the Hispanic applicant the opportunity to be tested in the language he understands best.

There will also be information on Newark Technical courses and the local educational opportunities in that area. Many programs are free to Essex County residents but in any case the maximum fee for special tests is \$135.00. The Forum will include information on Essex County College such as how to enroll and what courses are offered, including the support systems in place to help students achieve their academic goals.

Registration for the G.E.D. will be held on April 7th, 9th and 11th. Contact Georgia Ransome at 623-2800 for time and place.



Officers of the Refreshments Committee.



Decoration Committee.



Advisory Committee.



Refreshments Committee.



Officers of the Decoration Committee.

FRIENDS OF
ST. ROSE OF LIMA

Present

\$20,000 in prizes



Spring Festival '86

Chinese Auction

SATURDAY EVENING, MAY 10, 1986

7 O'Clock to Midnight

ROSELLE CATHOLIC H.S. AUDITORIUM

Buffet Supper — Dancing

Proceeds benefit St. Rose of Lima School

Security Corner

Security Officers Promoted To Corporal

On March 3, 1986, Director James DuBose requested approval from the New Community Corporation Board of Directors to create the rank of corporal for two NCC Security Officers: Sherrie Eure and Shelia White. Board approval was granted on March 5, 1986.

Officer Eure was promoted to Corporal/Staff Assistant. For the past seven months, she has been performing duties that exceed those of a regular security officer. On a daily

The promotion of these two officers was earned not only by their daily performances, but because of the fact that the two officers possess the ability, willingness and dedication needed in the everyday performance of security officers. Their loyalty to duty is commendable in their striving to improve the quality of service provided the NCC Community.

Both officers will receive commendation for honorable services, during NCC Security's second annual awards ceremonies, scheduled to be



Security Dir. James DuBose and Personnel Dir. Cecilia Faulks congratulate Security Officers Sherrie Eure (right) and Shelia White (second from right).

basis she dispatches trains and supervises other dispatchers, handles all clerical details, supervises, distributes and orders all supplies, assists in the computing and recording of all time cards, receives and disburses all paychecks, as well as many other varied administrative assignments.

Officer White has been promoted to Corporal/Building Supervisor. Her duties, under the supervision of a sergeant, have been and will continue to include the training of all "building security officers," and the ordering and dissemination of all supplies issued to security personnel detailed in the buildings. In addition to receiving daily complaints from tenants, Corporal White will also act as a liaison for the Director, by attending tenant meetings for the purpose of hearing complaints and suggestions, which in turn will be reported directly to the Director of Security.

held during National Police Week in May, 1986.

Color Guard In 51st St. Patrick's Parade

The New Community Security Color Guard once again represented NCC in fine fashion when it marched in the 51st Saint Patrick's Day Celebration in the Vailsburg section of Newark, on Sunday, March 16, 1986.

The group was well received by the thousands of onlookers along the parade route.

Added to the color guard presentation was the presence of the NCC Security Blazer #3, driven by Corporal Sherrie Eure.

The color guard, led by its commander, Sgt. J. Jackson, was composed of regulars Sgt. Morris Fleming, S/O Charles Davis, S/O Champ Blackwell and two new additions, S/O Samuel Brooks and S/O Darnell Ashford.

A Reflection On Easters Gone By

Holidays often cause us to reflect on many events that have occurred in our lives. With Easter Sunday approaching many Christians began to prepare themselves for the holy day. As I began to prepare myself I could not help but reflect on my youth and growing up here in Newark; as a matter of fact the Central Ward of Newark. I thought of Good Friday and how early on that morning my mother would send me to Springfield Avenue to the bakery to buy **Hot Cross Buns**. We would eat them and drink tea and there would not be anymore intake of food until after 6 p.m., in observance of the death of Christ.

This is one of the many memories that my children will not share, since there are no bakeries today. Maybe had we been able to build our shopping mall we would have had a bakery. That made me very sad, to think that my children and others can not stop in the bakery and buy a doughnut on the way to school as my best friend Cheryl and I did everyday, or peek in

the window and marvel at the treats and save their pennies for them. We would meet our neighbors and friends as we went from store to store.

It's very sad to think that politics and reverse legislation will deprive so many of so much. Not just the deprivation of the basic need to eat properly but more than that — to force people out of their environment to shop with strangers rather than their neighbors and friends. Many communities still enjoy local shops and bakeries today. The North Ward has them and the East Ward has more than enough. Why not us? What makes the Central Ward an exception to viable services for its people.

Well this is Easter the day man was redeemed and given an opportunity for salvation. We should pray for the salvation of our community and hopefully next year we will be able to go to Bergen St. and So. Orange Ave. to shop. And maybe I can even purchase fresh Hot Cross Buns for my children.

Georgia Ransome

New Community Work Receives Award

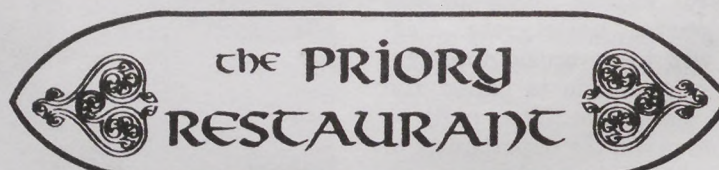
At a reception at the Newark Museum recently, the work done by New Community on the rehabilitation of St. Joseph Plaza and other buildings in Newark was singled out for merit by the Newark Preservation and Landmarks Committee.

New Community was awarded the committee's 12th annual Recognition Award in the form of a plaque containing a piece of beam from 274 year old Sydenham House which is noted as Newark's most venerable private home. Its owners, **Dorland and Elizabeth Henderson**, who are members of the Preservation and Landmarks Committee, graciously make available this piece of wood for the plaque each year.

In attendance to accept the plaque from **Elizabeth R. De Tufo**, presi-

dent of the committee, for NCC were **Arthur Wilson**, president of New Community; **Matthew Reilly**, director of development; **Mary Smith**, NCC treasurer, and **Rev. Wm. Linder** of St. Rose of Lima Church, Newark.

Mrs. Del Tufo, who is also Director of Cultural Affairs for Essex County, mentioned particularly how the rehabilitation of the church and other buildings undertaken by NCC had enhanced the neighborhood and brought new vitality to a city rich in history while allowing "the integrity of the past" to remain, and urged the city administration to appoint a Landmarks Commission to encourage this "adaptive re-use of old buildings."



233 West Market Street
Newark, New Jersey 07103
(201) 623-8001

SUMPTUOUS SUNDAY BRUNCH 9:30 A.M. - 3 P.M.

Scrambled Eggs • Corned Beef Hash • Crabmeat Au Gratin
Ham • Beef and/or Pork Sausage • Bacon
Southern Fried Chicken • Shrimp Scampi • Fettucini Alfredo
Hash Browns • Rice, Grits • French Toast
Corn Muffins • Buttermilk Biscuits • Rolls
Apricot Nut Bread • Banana Bread • Fresh Fruit Bar
Champagne • Coffee, Tea, Iced Tea, Milk
Apple Juice • Orange Juice • Grapefruit Juice

All You Can Eat!

Adults — \$6.95 • Children 12 & under — \$4.95

Join Us For Good Home Cooking

NC Extended Care Cafeteria Open To Public

Feel like trying a new place to eat or taking a break from the kitchen? Unique in the region among long term care institutions the cafeteria of New Community's Extended Care Facility and Medical Day Care Center at 266 South Orange Avenue, is open to the public seven days a week from 7:30 a.m. through 8:00 p.m. The dining area is

spaciously bright and comfortable. The menu offers a wide variety of good home cooking and includes a \$2.00 House Special at lunch and dinner. Made to order sandwiches are also available. There is ample parking in the lot whose entrance is on 14th Avenue. For those in a rush - take out orders can be obtained, at no extra cost.



Lee Barnett and Joseph Chaynefield enjoy the food in ECF's cafeteria.

Getting Ready For The Hunt

The Environmental Protection Club of Chatham High School sponsored an exciting Easter Egg Hunt at The New Community Extended Care Facility.

Grandchildren of residents lined up with neighborhood children and children of employees to scour the facility's courtyard for the elusive

eggs. An egg with a star meant a special prize had been won, such as a bat, or an airplane or maybe some Play-doh. Other eggs had numbers for more prizes. Regardless of luck, each child participating left with a prize.

Residents and employees as well enjoyed sharing the excitement of the day.



Ready, get set, listen carefully and go!

Employee Of The Month

Mrs. Elsie Koshy, resident of Newark, has been employed at New Community Extended Care Facility and has achieved the honor of being chosen the employee of the month.

When Elsie began her employment with NCC she participated in an on-the-job training program for Nursing Assistants at the Extended Care Facility. She has now received recognition from her co-workers and the residents on the unit to which she is assigned, for her fine work.

Mrs. Koshy is very conscientious, and is willing to learn. She has shown an interest not only in her job but also displays concern for the residents for whom she cares. Mrs. Ruby Anthony, Head Nurse on the unit, stated that



Elsie Koshy.

"Over the past few months, I have watched Elsie mature and accept the responsibility of caring for the residents at N.C.E.C.F."

Born in India, Elsie is the mother of 2 children and has been able to overcome her communication deficit and has learned the customs of the American culture. She is able to understand the health needs of the geriatric patient and can anticipate their needs.

We, the staff of New Community Extended Care Facility, would like to extend our congratulations to Elsie for taking that extra step to help mankind.

Jacqueline Ragin, RN
Director of Nursing

Parents Of Babyland Get Into The Clay

Babyland III has a special parenting group which meets several times a week under the direction of Miss Beverly Dunne. The group discusses problems and solutions of child rearing, family counseling etc. Recently they decided to try something new.

Children always play in the mud and clay or use 'play doh' to create "works of art." So, why not let mom try it? Using the ceramic room at 545 Orange Street seemed like a good place to start. On Friday March 7, 1986 the group met for the first time and started by working on frogs—soon to be painted and glazed—to use as brillo holders, change trays, ashtrays or whatever.

Everyone seemed to enjoy themselves and were anxious to finish that project and move on to something bigger.

Auxiliary Formed



Sister Patricia Lynch (right front) meets with a partial membership of the Auxiliary for the NCC Extended Care Facility and Medical Day Care Center, to review the group's constitution and bylaws.

Home Care Medical Equipment and Oxygen from ...



New Community Home Care Equipment

Prompt, courteous service

Free delivery and set-up 24-hours, 7 days a week

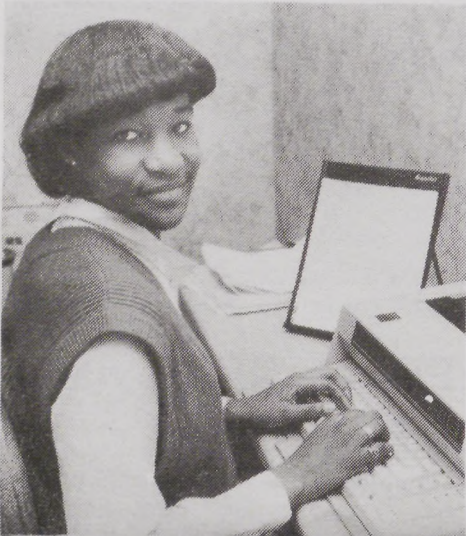
For all your home care equipment
and respiratory needs, Call 676-7867

St. Rose Of Lima School Develops

Remember the Peace Corps — a call to service during the Kennedy Administration when Americans were to "ask not what your country can do for you, but what you can do for your country"? We now have the Service Corps — a program providing service to the people of St. Rose of Lima, Babyland and New Community, announced Mr. Arthur L. Wilson, Principal of St. Rose of Lima School.

In responding to the U.S. Conference of Catholic Bishops' statement, released a year and a half ago on social justice and peace, St. Rose of Lima School augmented its curriculum for the purpose of meeting the challenge to help people who are in need.

"The dignity of the human person



Nicole Argyle types lists of extensions in ECF's business office.

is the criterion against which all aspects of economic life must be measured. No dimension of human life lies beyond God's care and concern...

"The fulfillment of basic needs of the poor is highest priority... while thereby investing one's wealth, talent and human energy..." we must work toward this end.

During the second semester of this school year, students in the seventh and eighth grades are enrolled in a community service project known as the Service Corps. The concept and philosophy of the program came from the St. Rose of Lima Board of Education — a body of religious, businessmen, civil servants, educators, and parents who saw the need for children of this age group to receive firsthand experiences in working with local community agencies whose functions are to serve the public.

Several meetings were held with parents, at which time, the program philosophy, and objectives were presented. Input from parents was solicited. It was suggested that a Certificate of Achievement be given to each participant at the conclusion of the program.

One morning every week, these student participants report to perform their duties at one of the following service sites: St. Rose of Lima Rectory, Babyland Nurseries II & III, New Community Central Maintenance Office, New Community Extended Care Facility (Nursing

as food service attendants, all of whom experience answering questions, telephones and complaints.

To emphasize the importance of the Service Corps Project, each student acknowledges a Contract of Service Commitment which must be witnessed by his or her parents. Each assignment is professionally supervised by a staff person at each service site and is monitored by Mr. Daniel Fabrizio and Ms. Sharon Motley who are the eighth and seventh grade instructors at St. Rose.

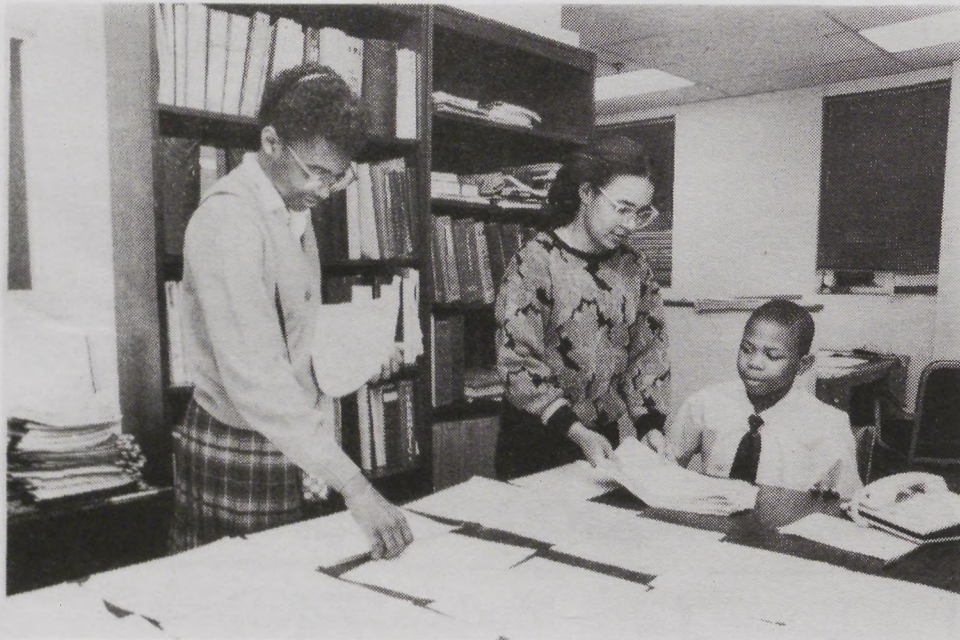
Participants at the Extended Care



At NC Commons Senior's food concession, Corey Newton (right) waits on a resident.



Rooney Reese shows (L-R) Sister Mary Rose Reichert and Sister Jane Miriam Gallery how the cash register in ECF's gift shop works.



Secretary Linda Studivant (center) helps Michelle Tuesday and Kashaka Thigpen sort papers at Maintenance.



Lakisha Smith (left) and Melissa Willis (right) serve fresh water to some ECF residents.

Home), New Community Management Office, New Beginnings Spa and Wellness Center, New Community Security (Base Station), New Community Associates (Concessions and Nutritional Site) and New Community Commons and Manor Senior Citizens' Residences.

While a few students walk to their sites, most are bused to them. Many of the sites are located on the original forty-six acres of New Community. During this service time students perform duties ranging from receptionists to concessionists, and from care-giver aides to nursing aides. There are administrative attendants, filing clerks, Spa and Wellness Center attendants, as well

Facility receive a variety of duties and responsibilities which will: a) expose them to the life style, health, habits and physical changes of the elderly; b) help them both to understand and fully appreciate the value of wellness, and follow health habits that help to prevent illness; c) help the dying person live more comfortably; d) help them to learn the importance of patience and understanding in dealing with the elderly.

A Service Corps member in the business office might assist personnel in setting up files and keeping them in order. He or she might also learn systems of inventory control, or participate in the process of order-

ing, receiving, and disseminating supplies. Others familiarize themselves with the operation of the switchboard

One pupil, under the guidance of NC Extended Care Facility Executive Director Connie Ford, RN, MPA, LNHA, serves as Student Assistant Administrator. Valuable and practical administrative skills are being taught as this position calls for: a) an understanding of a Table of Organization that will explain the chain of command. b) identification of major areas of feedback required in a decision making process, and c) the development of a survey to determine compliance



Mrs. Ferrel, Supervisor of ECF's dietary department, watches as Carlos Roman (left) and Charles Battel wrap desserts in the kitchen.

Community Service Project

with regulatory standards.

In an attempt to understand the advocacy role of peace and justice, one student will be required to do research on a particular justice issue. Under the guidance of Sr. Patricia Lynch, Coordinator of Medical Day Care, much required reading is being done and a written report on the subject will be expected at the conclusion of the program.

"There may be many things I can do with my life, but right now, I want to manage a store — a big store," says Robert Slater, an eighth grader. In a program designed by Joyce Holmes, Robert, and two other students have been given the duties of Assistant Storekeepers. Working at the concessions stores

direction of the individual Center Supervisor, students will, for most part, serve as aides to caregivers. Their duties include setting tables for meals, washing children's hands prior to and after eating; feeding children who cannot feed themselves, carrying out planned activities such as reading stories, singing, and monitoring free play indoors and outdoors. In addition, corps members at Babyland must keep an alert eye on children to prevent them from being hurt and from hurting each other.

It is expected that by serving in this capacity, Service Corps members will learn the value of hygienic practices, derive satisfaction from doing things for others who cannot do for themselves, while



Christian Willis (left), Steven Harper (center), and Franklin Francis make up ID cards for residents.

at three of our senior buildings, these Service Corps workers are receiving on the job experience of some mechanics of small business management. "These experiences," according to Mrs. Holmes, "will provide the students with a better understanding of organizational behavior." Students are assisting the present adult storekeepers and maintain a clean and attractive store. Stock control, records of sales, and store displays are but a few of the responsibilities that must be learned and assumed. The work study positions at our senior citizens buildings provide students with first hand experiences in discipline, self control, courtesy and flexibility in the area of customer relations when dealing with the elderly and the handicapped.

A description of the program at Babyland Nurseries as presented by Mrs. Soledad Alston involves a variety of experiences. Under the

learning patience and understanding in dealing with little children.

Students at New Community Central Maintenance, Management and Security are learning office skills similar to those at sites mentioned earlier. But these sites, unlike the others, offer unique experiences as they relate only to the particular site. "There are people coming and going all the time", says one student at Central Maintenance, "and the phones seem as if they will never stop ringing."

"A security dispatcher has an interesting job," says Michael Burton who chose to work at the base station, "and there are so many monitors to watch all the time. I bet the people who live here have no idea how involved other people are in protecting them."

In the end, the success of the Service Corps program will greatly depend on the staff and personnel of the New Community Network



NC Associates resident Elnora Matthews delights in her young visitors (L-R) Michael Curry, Bruce Gules, Allan Edmond, and Franklin Francis.

System. The experiences the service corps students will receive from the combined efforts of St. Rose of Lima, Babyland Nurseries, and the affiliates of New Community are invaluable. "I am confident that our students will have much to talk about and share. I am even more certain that some of their experiences will leave permanent, positive impressions upon their lives," says Mr. Wilson.

But the test of this experiment rests on attitudes. Our young must realize that the world owes them very little beyond their basic needs, but will judge them on their treatment of the poor and the powerless in their society.



At Security's base station, Michael Burton logs calls into log book under Cpl. Eure's guidance.



Kimberely Council (3rd from right) waits on customers at NC Associates' food co-op.

CATHEDRAL CONCERT SERIES

Cathedral Symphony Orchestra
Thomas Michalak, Conductor
Brad Keimach, Associate Conductor

THE SPRING SEASON 1986

All concerts take place in **Newark's Cathedral of the Sacred Heart** on Sunday afternoons at 3:00 with guided architectural tours promptly given at 2:00.

April 20,

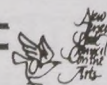
Enjoy the grand sound of the Great Shantz Organ played by the renowned French organist and composer, Jean Guillou. You will hear a North American premiere of his Second Organ and Orchestra Concerto and works of Handel.

May 18,

"Berlioz Requiem" a rarely performed chorus and orchestra masterpiece. After hearing the premiere in 1837, Alfred de Vigny, called it, "beautiful and bizarre, savage, convulsive, and heart-rending." The Monmouth Civic Chorus under the Direction of William Shoppe will join the Orchestra.

June 1,

Clarinetist, Richard Stolzman is a big star in today's music world and will join the Orchestra with works by Copland, Rossini and Nielsen.



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A gift of \$50.00 will entitle you to two seat reservations for each concert, invitations to special events, a chance to meet one of the artists, and your name listed in the program as a "FRIEND OF THE SERIES". And most importantly, your contribution also supports our community ticket distribution to elderly citizens, the handicapped, and underprivileged young people.

Seats for individual concerts may be ordered in advance for a donation of \$10.00 (these seats are in the reserved section and are available until 10 minutes before the concert) or for a \$5.00 donation at the door the day of the performance.

Yes, I want to be a "Friend." Enclosed is my check!
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Please consider an extra gift which will help even more. We would be grateful for your support.

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Please detach and mail to: Cathedral Concert Series, Cathedral of the Sacred Heart, 89 Ridge Street, Newark, New Jersey 07104.

Irish Eyes Smiled

St. Patty's at Manor was all in green splendor. Irish eyes were smiling and I'm sure there was a leprechaun hiding somewhere.

It was the occasion of the Roseville Seniors Club annual St. Patrick's Day party. Several of the

members are of Irish heritage and look forward to celebrating this day with their friends.

Mr. Lou De Groat, the president of the club always encourages the members to stay together and celebrate all the holidays.

Top-O-The-Morning to ya!



Feasting and dancing go hand in hand during St. Patrick's Day Party of Roseville Seniors Club at NC Manor.

NC Roseville's

FISH FRY

New Community Roseville's Bingo Club held a "Fish Fry" January 9, 1986 using the proceeds for Bingo prizes etc. The fish dinners were delicious, with delectable pies and cakes for dessert. An enthusiastic member, Ms. Rosalee Trogon, helped to sell many dinners by going door to door in our building, soliciting sales. The fried fish with trimmings was delicious, so don't miss the next one at N.C. Roseville. Many of the other women tenants also helped in making the "Fish Fry" successful

Steve Perkins

NC Commons Seniors

We welcome our new manager La Tanya Martin to NC Commons Senior. Also we welcome home Mr. Ralph Simpson, president of the tenants association and the Men's 140 Club. Can't keep a good man down, eh!

Arts & Crafts Club had a luncheon recently that was very beautiful.

The Oldies but Goodies Club had their Easter Party on March 22, 1986. Any resident of New Community may join the 140 Oldies but Goodies Club. Just contact Osteena Hill, President of the Club at 140.

We are asking everyone to vote on April 15, 1986. The results affect each one of us.

Connie Wise

NC Associates

On March 6th, a group of 7th and 8th grade students came from St. Rose of Lima to work with the Seniors, concerning a Student Project. They have helped in different areas in the building. We appreciate their help and their desire to learn. The students set tables, served dinners, helped seat the handicapped, and pushed some seniors in wheelchairs to the table. Whatever they were asked to do, they did without murmuring or complaint. They covered where they were needed, saying the prayer and grace. On March 20, some students visited the seniors in their apartments and had

pictures taken with them.

We were entertained by some of the students, which was enjoyed by those attending the Nutrition Site. It was the day that was set aside for celebration for those having birthdays in March. To make the day more special Mayor Kenneth A. Gibson had honored the site with his visit. The birthday celebrants had their pictures taken with him. We will miss these students when their six week program is up, but look forward to seeing them again.

Keep up the good work children, God Bless You.

Phyllis Burton



Mayor Kenneth A. Gibson acts as chief congratulator during the March birthday celebration at the Nutrition Site located at NC Associates.

A CHANGE OF PACE

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Health Care Update

About twenty years ago during my nurses' training at a large city teaching medical center, ingrained in my soul was the absolute of providing quality care. In today's accreditation process of health care facilities, the emphasis on formal quality assurance programs is a natural. With dependency upon taxpayer and private funding sources, a system of accountability for the care delivered should be in place. Problems within the system are identified and resolved so that the consumer — the patient — can be better served.

During one's life, the actual amount of time staying in a hospital as a patient is relatively insignificant. The dollars spent for that time may be disproportionate and the frequency with which one comes in contact with a physician accelerates to usually at least once per-day. The majority of time therefore, during which health care is received by an individual is in an out patient or ambulatory care setting. Within the hospital environment, the delivery of ambulatory care is subject to the same regulatory bodies and scrutiny that inpatient care is afforded in terms of quality assurance. When one seeks care in the office of a private physician, who monitors the care provided? Is quality assured?

In the private setting of ambulatory care, there are basically two ways physicians are regulated. One is the licensure process and the other is through the consumer himself via word of mouth recommendations. Can a lay person objectively evaluate the quality of medical care he is receiving? Is his ultimate parameter that he "feels good"?

After a recent series of discussions

with various physicians, one doctor who claims to have had a very large practice candidly shared that in order to be successful (?financially?), patients needed to be made to function in life "feeling good" and this often may mean through utilization of prescription drugs. The multiple return visits for quick physical checks and prescription renewals allowed the physician to see many patients in a relatively short period of time.

One physician payor, Medicaid, generally pays only seven dollars (\$7.00) per office visit. Overhead costs including malpractice insurance rates are high. Large numbers of patients must be seen in order to survive economically. Is quality care being sacrificed in an effort to make patients "feel good"?

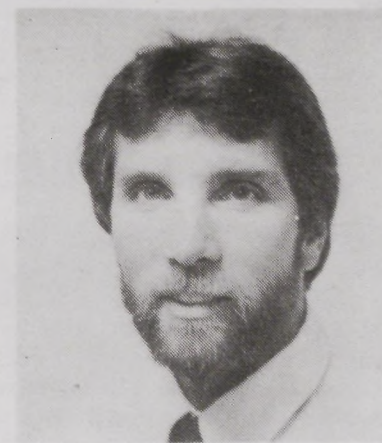
The problem of substance abuse is rampant in New Jersey. 85% of persons involved in motor vehicle accidents while under the influence of drugs were using prescription drugs but for non medical use. Health, work, school and family or friend problems are prevalent among this group. The most common drugs are Valium, Librium, Barbiturates, Diet pills, Elavil, Darvon and Cough medicine with Codeine. A prescription for any of these medications is easy to obtain.

Does the quality assurance for the consumer only exist in a regulated environment? Are the economic needs and goals of some health care providers forcing a system which sacrifices quality of care and may initiate and promote substance abuse problems? Are we as individuals, as we choose our own health goals, participating in an unhealthy system of health delivery?

Connie Ford, R.N., M.P.A.



at ST. JOSEPH PLAZA
233 WEST MARKET ST.
NEWARK, NEW JERSEY
(201) 624-7373



by Kerry Gillespie,
Exercise Physiologist

Up In Smoke

Cigarette smoking is considered one of the most significant **preventable** causes of premature death in America today. Smoking has been credited with contributing to such health problems as coronary heart disease, vascular disease, stroke, cancer of the lungs, oral cavity, larynx, pharynx and bladder, chronic bronchitis, emphysema, complications of pregnancy, infant health and obstructive pulmonary disease just to name a few.

I realize that I started off rather strongly, but cigarette smoking does have two benefits. It provides an alternative to retirement and it also will keep insects away in the Summer (the insects have sense enough to stay away from the smoke).

Smoking is a habit, and as Frank Clark has said, "A habit is something you can do without thinking, which is why most of us have so many of them." This habit is very hard to break, due to the fact that smoking is not only a psychological habit, but a physiological addiction. Nicotine, the active ingredient in cigarettes, has an addicting power to which your body becomes accustomed. The addictive nature is not the only effect of this drug on the body. Nicotine, much like caffeine (in coffee & tea) will cause an increase in both heart rate and blood pressure. This rise in heart rate is accompanied by a corresponding rise in metabolism, which is the principal reason why most people tend to gain weight once they stop smoking. Without the nicotine in the system the metabolism will no longer be (falsely) elevated. Everything remaining equal, the person will tend to gain weight. The other factors involved in weight gain include a mild effect on

the taste buds, and nicotine (as a stimulant) will act to suppress appetite. It is for the above reasons that I highly recommend anyone who stops smoking to start exercising. An exercise program will compensate for the effects of a slower metabolism.

Unfortunately, nicotine is not the only problem with cigarette smoke. A substance called carbon monoxide, an element, also found in automobile exhaust, is present in cigarette smoke. Now we know that our bodies need oxygen to live. Unfortunately our blood will transport the carbon monoxide in our system before it will transport oxygen. So while you are smoking, the oxygen in your blood is being replaced by a substance your body can not use.

Cigarette smoking will also damage the inside lining of the arteries. The normally smooth lining of the artery will become rough. Fat in the blood stream will tend to accumulate faster in these rough areas, leading to narrowing of the arteries and (depending on location) may cause decreased circulation to the legs, heart attack or stroke.

This seems like a lot of bad news and it is, but there is a bright spot. The bright spot is that **you can quit**. There is more and more evidence that seems to indicate that if you stop smoking some of the damage can be repaired. The problem with your weight increasing can also be controlled by regular exercise and a sensible diet. However, if you were to gain a few pounds you are still better off with the weight than the cigarette.

Now is the time to quit. It doesn't matter if this is your first or fourth attempt. James Michener points out that "Character consists of what you do on the third and fourth tries." So don't give up hope — give up cigarettes. Don't let your life go up in smoke!

Achievement Contest Party '86

The New Beginnings Spa and Wellness Center, held their first annual Achievement Contest party on March 17, 1986. The party was held to mark the end of the Achievement Weight Loss Contest. The day was filled with many different activities including lectures on health improvement, a diet dish contest, an aerobathon contest, a psychic and of course, the final weigh in for the weight loss contest.

The weight loss contest was won by Byrone Mayo. He lost an amaz-

ing 12 pounds since starting the contest on February 14th. This weight loss accounts for 5 percent of Byrone's body weight. Our congratulations to Byrone; keep up the good work and enjoy your award of 3 months free at the Spa.

Lectures on weight maintenance and behavior modification and Shiatsu Massage were given to the fortunate people able to attend. The weight maintenance lectures were given by Kerry Gillespie our exer-



A fit and trim spa member awaits the tape measure's verdict.

cise physiologist. The introductory lecture on Shiatsu Massage was given by our massage therapist Marian Aldebol. There was also a free massage given away, which was happily won by Charles Edwards. Just relax and enjoy, Charles!

Our diet dish contest was won by Awilda Gonzalez and James Keyes with their fruit salad creation. For those of us who were fortunate enough to taste it, we thank you both. We hope you will enjoy the 3 month gift certificate as much as we enjoyed the fruit salad.

Mr. Steven, the psychic, amazed and amused us from 6 until 9 p.m. He gave us an entertaining look into the future. The most active contest

of the day was our aerobathon contest held in our aerobics room at 5:30 p.m. The contest was one hour of fast paced aerobics. When the smoke cleared, a tired, but happy Domonique Lewis emerged our winner.

We hope you enjoy the Travel Voucher and that you will be back to defend your title at our next Aerobathon!

The day was filled with balloons, decorations, excitement, entertainment fund, food, and a flock of new members. We hope that all that attended enjoyed the day as much as we enjoyed putting it on. Thank you for your support — let's do it again soon!

At Your (Social) Service

by the Staff of NCC Social Services Department

NCC Plans Summer Youth Program

This year, as in the past, NCC Social Services Department will sponsor a summer program for the youth of New Community. Registration will take place during the week of June 23rd and the program will begin on Wednesday July 9th. It will end on Friday, August 29th, 1986.

In order to accommodate as many children as possible, the program will be held in four separate locations, 265 Morris Avenue, 72 Hayes Street, 220 Bruce Street and 225 Hunterdon Street. The hours will be from 8:30 AM to 3:30 PM.

In order to offset the cost for the program a fee of \$10.00 will be charged for the first child in a family. Where there are 2 or more children in the family the fee will be \$15.00 for the family.

Although we realize that the fee can be burden, it should be kept in mind that the program includes a full day of activities including breakfast and lunch, remedial math and reading, numerous bus trips to places such as Sandy Hook, Great Adventure, Lake Hopatcong, Bronx Zoo etc., an NCC Tee Shirt, and a wide variety of recreational activities.

In order to have a well organized program there are certain regulations that must be observed.

They are:

1. No child will be allowed to take part in any activities of the program unless they have been registered and paid their fee.

2. The program's hours are from 8:30 AM to 3:30 PM. All children will be expected to remain at the program during these hours. During the hours of the program children will be released from the program only when a parent or guardian comes to get them.

3. Breakfast and lunch will be served only at 8:30 AM and 12 noon respectively. At no other time will these meals be served.

4. Except when there are bus trips, all lunches are to be eaten at the site. N.J. State regulations forbid taking

meals off the site.

5. All children under six years of age must be picked up from the program at 3:30 PM by their parent/guardian or by someone designated in writing by the parent or guardian.

We hope that your children will enjoy a summer that will be filled with fun, excitement, cultural enrichment, and educational advancement. Eladio Negrón and Sheila Washington have planned an excellent program of which we are all proud.

If you have any questions, please do not hesitate to call either of them at 623-6114.

New Community Forms Girls Club

We are in the process of forming a Girl's club to get all NCC girls from the ages of 7 to 16 together as a family.

Our first meeting was on March 18th and was attended by 32 girls. At the meeting we talked about the activities which the Girl's Club will sponsor and the direction it will take.

One of the first things scheduled is a camping trip to Silver Lake Camp in McAfee, N.J., on April 4th, 5th and 6th. The weekend will include a training session on leadership and another stressing the value of education.

Back at NCC the girls will have much to do since we will be taking them to the movies, skating, bowling, etc.

All this could not be accomplished without such faithful helpers as Ms. Sharon Carter; Ms. Dee Dee Bibbs, Mrs. Beverly Palmer and Ms. Beverly Johnson. Their assistance makes the program go.

Our next meeting will be on Monday, April 7th at 6 P.M. at Gardens Pavillion.

Sheila Washington
Youth Department



The Latest From Oscar

Getting It Together

There is a need today for young people to know themselves and also to realize that they can do for themselves by motivation from within, using the gifts God has given them. "Getting by" is not what life is all about; managing your own life properly to insure your future, is.

Recently a group of about thirty (30) young men of various ages met at the Gardens Pavillion with Eladio Negrón, youth coordinator at New Community and William McKay, a concerned citizen and a veteran of 8 years of military service in the army and currently the Reserves, to discuss at a very informal "rap" session, this same issue of just "getting by" or "getting over" as it is called today.

The group was anxious to respond and open themselves to Eladio and William. It was good because they were made to think and shown that there is no need to fear presenting your ideas.

There is an interest to pursue a lot; trips, sports, education, etc. Some of these require monetary funding. Some require self-appreciation, using full potential without being afraid to ask for help with basic needs.

Getting it together, instead of "getting over" is what these young men are planning to do.

Plans are being made to give a car wash to help raise money by doing something for **themselves** so they can go places or have a party or whatever.

This is the start of a positive force which can only grow in participation and enthusiasm.

Joyce Holmes
Social Service

A View From The Inside

Perhaps, we thought, if one sees for oneself how it really is to be on the inside, looking out, this might serve as a deterrent and encourage one to do what it takes to stay on the outside.

To give young people a better idea of what it is like to give up the precious gift of personal freedom, the Youth Council sponsored a trip to the Newark Jail on Thursday, March 13, 1986 with a tour of the facilities and an opportunity to talk with the inmates. The purpose of this trip was to get a view from the inside, so that they might better understand why we are encouraging them to do what is right. Unfortunately, a lot of youths believe crime pays, because they may see some immediate material gain; but in the long run they become the

Sports Notes:

Mayor's Basketball Tournament

NCC will be in two divisions of the Mayor's Tournament. The first will be 12-14 yr olds and the 2nd will be 15-17 yr olds. Congratulations to all the boys who made the teams and good luck from all of us at Social Services.

The 12-14 year old team consists of: Kenard Thompson, Darrell Sorrells, Clarence Smith, Billy Harper, Clay Lea, David Colliers, Darrell Sorrells, Paul Harrington, Ira Brown, Ira Bowman, Miguel Gomes, Desmond Grayer.

The team for 15-17 year olds includes: Damand Harper, Kevin White, Malik Bodison, Travis Jenkins, Tony Gonzales, Darren Davis, Doug Evans, Marc McKeneth, Raymond Johnson, Valtrez Holmes, Mike Northern, Keith Hunter.

Softball Activities

The NCC Softball Team will play in the Kings A.C. Men's Softball Tournament on April 5th & 6th in New Brunswick, N.J. First prize is \$600.00 and team trophies and 2nd Prize is \$150.00 and team trophies.

Girls Team

All girls interested in playing softball please contact Social Services. A team is now being formed.

Pee Wee's Continue Winning Ways...

On March 3rd our NCC Pee Wee's made their Debut a successful one. The team traveled to Passaic, N.J. to school number #6 in search of their first victory; and win they did. The final score was 25-17. The game went down to the 4th quarter when Clarence Smith and Paul Harrington teamed up to pull NCC over the top to its first victory. The Passaic teens in turn traveled to Newton St. School on March 12. With a packed house our Pee Wee team was again successful in their attempt to keep in step with our Big team (NCC Quiet Storm II) which is 7-0. The score was 39-35. Again Passaic went down to the wire. Paul Harrington (13 points) again performed his magic with Clay Lea (11 points) who came off the bench to lend a helping hand in the victory. Passaic was led by R. Hill (11 points). We extend our appreciation and thanks to Coach Reid and the staff at School #6 for the warm reception both before and after the game. If nothing else was learned here we definitely learned that winning or losing, good sportmanship is a win for all...

Eladio Negrón
Youth Coordinator

loser and end up on the inside wishing to be out.

This is a start in familiarizing our youth with the legal system, whose laws govern our country, and other excursions of a similar nature are being arranged.

Freedom is a precious gift.
Do not abuse it!



Members of the after-school program dunk and color dozens of Easter eggs at Social Services.

Senior Programs

Group Card Parties

Last month was the beginning of our monthly group card parties, which was held at N.C. Manor Seniors. Each month these group card parties will be held at one of the Senior locations within NCC. They are intended to bring together those residents who enjoy simple, fun games like checkers, Parcheesi, Uno, Rummy, and more. It also affords the residents an opportunity to get out once a month into a new surrounding to enjoy the fellowship of the other members of the NCC family. Our next party site will be NC Associates, on **Monday, April 14, 1986, from 2 p.m. to 5 p.m.** Hope to see you there!!

Bus Trips

Due to the great demand to see, perhaps, the Greatest Film of the Year, "THE COLOR PURPLE", NCC Social Services scheduled a second trip to the Essex Green Cinema, in West Orange. Close to forty (40) residents responded. Two of our handicapped residents (one in a wheelchair) were able to take advantage of this trip. Many thanks go out to Mr. Jerome La Sure, a resident of N.C. Gardens Seniors, and the driver for the NCC Health Care Center, who, for two consecutive weekends, unselfishly gave of his own time to drive the special, handicapped van so that our wheelchair-bound residents could get out and enjoy a little weekend activity. **GOD BLESS YOU MR. LA SURE!!**

Many of our residents took advantage of the free program offered by the Essex County College/Student Activities, Essex County Division of Cultural Affairs, and the Newark Recreation and Parks Department, who presented the Harlem Blues and Jazz Band, and Jitterbug Jazz on March 22nd in the Mary Burch Auditorium of Essex County College.

A "Special Bus Drive"

The NCC Advisory Board for Seniors, Handicapped, and Disabled is presently sponsoring their own Bus Drive to raise \$10,000 dollars as a down payment towards the purchase of a new, special lift-equipped bus that will provide the safety and comfort that our residents so greatly deserve. This bus will afford all of our residents, both ambulatory and non-ambulatory, an opportunity to take more trips to shopping malls, to see shows, and in the Spring and Summer months, to see ballgames as well as to enjoy outdoor picnics in the parks, on the beaches, and other places of interest. Our Seniors are already engaged in building activities such as: bake sales, fish fries, and more. They are strong believers in the saying that "God helps those who help themselves." By initiating this special project, they have already proven their concern and willingness to help make their lives a little bit merrier. Each building has senior representatives from the board who are working on this project. To find out how you may contribute to this very needy cause, please contact one of your board representatives; or, you may contact NCC Social Services at 623-6114. **All donations will be**

greatly appreciated!!

Senior Citizens Task Force/ Sharing And Caring Group

The monthly meeting of the Senior Citizens Task Force group was held at NCC Common Seniors on Thursday, March 13, 1986.

This group was first organized in the fall of 1985, by the Newark office of N.C.A. (National Council on Alcoholism). The first meeting was held at the Harold Wilson School, located on Muhammad Ali Avenue, in Newark.

The general goal of this group is to provide information within the community regarding alcohol abuse, depression, financial problems and any other concerns that senior citizens may have.

Although the task force was started by NCA it has now become an independent group that includes any organization or persons interested in improving the community and the condition of the society at large.

The group is planning its first Annual Conference on **Saturday, May 17, 1986**, which will be held at **First Hopewell Baptist Church** located at **525 Orange St.** Special guest speakers are being invited. A two dollar (\$2.00) registration fee is being asked of all those who wish to attend, with the exception of all senior citizens, who may attend the conference **free of charge.**

Students, social workers and/or counselors attending this conference may be able to receive credits towards certification in alcoholism, pending approval from the State Division of Health. For more information, please contact the Newark Office on Alcoholism at 242-7406.

Gloria Newsome
Social Services

Egg Hunt!

Each parent donated a carton of eggs, the children colored them, and the fun began.

Dozens of brightly colored eggs were hidden in a local park. Decorations were strung and the signal for the hunt to begin sounded loudly. The search for the magic egg was on — for this egg meant the winning of an extra surprise.

Who said rabbits are only in the forest and must be short? Ms. New Community Bunny came to our egg hunt and never did a rabbit move so quickly, trying to keep from being caught by hunters. Rabbit stew anyone?

After all the eggs were collected the prizes were handed out and there were a happy troupe of successful hunters carrying their bounty homeward. Ms. Bunny managed to escape and still have time to hide more eggs before Easter Sunday.



When the longest reach just isn't long enough, an Easter egg huntress needs some help.



Moments before the start of an Easter egg hunt in Orange Park, happy young NCC residents ready collection bags under the supervision of Easter Bunny Joyce Holmes and Gloria Chambers (rear).

St. Joseph Plaza Celebrates First Anniversary

On April 18, 1985 St. Joseph Plaza opened its doors to the public for the first time. It was a gala event with a guest list that included Bishop Joseph Francis, Governor Thomas Kean and Mayor Kenneth Gibson. A successful and productive year has passed and St. Joseph Plaza is preparing to celebrate its first anniversary.

During the week beginning on April 28, various activities are planned to celebrate the Plaza's anniversary, including a special Oldies But Goodies/Big Band Night for our senior citizens, extended hours for Jazz Night and Change of Pace and two special concerts at the end of the week to round out our celebration.

On Saturday, May 3, we'll be treated to a free jazz concert featuring pianist Mickey Tucker with members of his sextet, and vocalist Ruth "silky" Waters and her combo. Mickey Tucker will be coming to us straight from a two week engagement at New York City's legendary Village Gate. Ms. Waters, who has performed with many great bands including Lionel Hampton's, recently returned from touring Canada with her act.

On Sunday, May 4, at 5:00 P.M.,

concluding our celebration week, a concert of classical music will be presented. The concert will feature NCC's own cultural advisor Curtis Watkins, who is also a professional concert and opera singer. He will be joined by his frequent partner, soprano Deborah Blue. The magnificent voice of Miss Blue has brought her much attention and many awards, including having been a regional winner in the Metropolitan Opera Association Auditions. Their programs will include art songs, opera, spirituals and Broadway show tunes. The pair will be accompanied by pianist Robert Boulware. Following the concert will be a reception and champagne toast to the ongoing success of St. Joseph Plaza.

If you stop by the Plaza during the week of April 28 through May 4, you will also be able to see a continuous slide presentation featuring the activities of NCC and its history.

There will be plenty going on at St. Joseph Plaza, including some other special surprises during the week of April 28 through May 4, 1986. So come join in the celebration!

Green Thumb Time

Spring is here and the birds are singing; the trees are budding and saying "it's time to plant your garden."

The NCC Family Garden Club is gearing up for their crop of '86. In order to prepare themselves, they recently invited representatives from the Rutgers University Urban Gardens Program to attend one of their meetings and instruct them in terms of enhanced techniques. Professionals attending the session were Victor Chico, Star Kamara and Herman Montes. They gave an extensive talk and slide presentation. Two members of the club attended classes at Rutgers in order that they might gain more knowledge of improved methods of gardening. They in turn will share their expertise with other members of the club.

Currently membership is open to any family resident and youth. Join us, not only in having a lot of fun, but **saving money**, by planting your own vegetables and fruit! Call Social Services today for more information.

Virginia Scott



The choir sings "I Want Jesus To Walk With Me" and He and the disciples go out to the Mount of Olives.

The Story Of The Easter Basket

A Custom With Significance

Did you ever wonder where the custom of preparing Easter baskets originated? Originally, it was instituted in the Ukraine. The food baskets were blessed by the priest in Church on Holy Saturday providing the first food eaten by a Christian family after the forty day Lenten penance of fasting and abstinence.

The egg, when boiled, resembled the large stone that sealed the tomb from which the living Lord Jesus rose to new life...similar to the newborn bird from a hatched egg.

On Holy Thursday, three days before Easter, the Passover supper of Jesus, using unleavened bread and wine, that Jesus changed into His body and blood through His divine word was a symbol of His command to the Apostles that unless we eat His body and drink His Blood they would not have Everlasting Life!

Jesus' death freed His followers from the dietary proscriptions of the Old Jewish Law. The followers of Jesus could now eat pork products thought previously unclean by the Jews.

As symbols of this freedom ham, kielbasa and milk products like cheese and butter were also affected by this freedom from the Old Law, and are traditionally found in Easter food baskets.

Breads, pastries or cheese were

molded into the shape of a lamb; the symbol of Christ who is the Lamb of God. Horseradish was also included in these baskets as a symbol of the bitter herbs eaten by the Hebrews during their Passover.

Salt was added, also, as salt was an early symbol of purity and faithfulness to God, and is used in foods as a preservative. So, also the Christian must not be spoiled, but must remain faithful to Jesus forever. Each food had its own religious significance and was used by the Ukrainians to teach their children the message of Easter!

Rabbits have been added to the baskets because they reproduce abundantly. Likewise, the Christian should be willing and ready to spread the word of God, reproducing it in His own life and evangelizing the Lord throughout the world.

All in all, the Easter basket has one message to give. Jesus is alive! The same Jesus who sat on a mountainside and watched while a few loaves of bread and fishes were fed to 5,000 people. The same Jesus who looked into the eyes of a leper and reached out his hand to heal him. He is alive.

The same Jesus who stood before Pilate and announced: "My Kingdom is not of this world" is alive. Because He lives, we shall... forever.

The Salt Of The Earth

Salt is essential to health and life, and has many uses. In the Book of Job a reference to salt queries, "can that which is tasteless be eaten without salt?" At one time it was a religious custom among Hebrews to rub newborn babies with salt to ensure their good health. Some people used salt as a sign of honor, friendship, and hospitality. The Arabs say "there is salt between us," meaning "we have eaten together, and are friends." In ancient Rome each soldier and civil servant received a salt ration known as a salarium (from the Latin word for salt). Later, when money replaced the ration, it was still called a salarium — hence the word "salary." Thus "to be worth one's salt" was to be worthy of one's pay. Salt, mentioned more than thirty times in the Bible, was a symbol of purity and had religious significance. In Matthew 5:13 the disciples were assessed as,

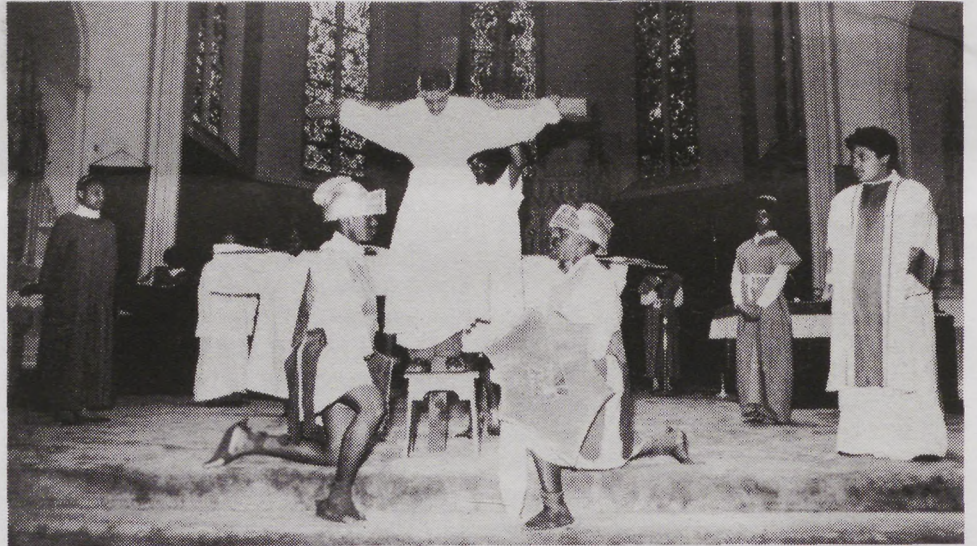
"the salt of the earth." Today those of us who are true believers and of unshaken faith are correlatively 'the salt of the earth.' We are essential, placing first the righteousness that Jesus taught, possessing faith in the sovereignty of a compassionate God, reflecting that sovereignty by performing deeds showing genuine justice and mercy and giving to the needy as God's mercy dictates. The 'salt of the earth' are those who are not preoccupied with possession of material goods, but those who express charity by using goods for the common welfare, managing wealth for humanitarian service, responding to the needs of their fellowmen. The 'salt of the earth' are those who evaluate their lives in terms of altruism and compassion rather than power and wealth. In John 6:26,27 we are reminded, "...not to labor for that which perishes, but for that which en-

Choir Presents Crucifixion

St. Rose of Lima's Junior Choir and individual music class, under the direction of Mrs. Emily Ross, presented their annual performance of The Passion Of Our Lord, on Palm Sunday, March 23, 1986. Each year the students from grades 3 thru 8 are selected to participate in the reenactment of Our Lord's ultimate expression of unselfish love.

The part of Jesus was played by

George Baldwin, an 8th grade student who has attended St. Rose since Kindergarten. Other students who played major roles were Ronail Coleman, Rooney Reese, John Catagena, Jullia Philadelphia, Dale Ellis, Crystal Morrison, Gloria Ransome, La Tosha Hay, Aduni Philadelphia, Cohesia Philadelphia, Kim Harrell, Michael Anabui, Franklin Francis and Owen Paris.



"Father forgive them for they do not know what they are doing."

Renovation Of Newton Street School

The Newark Board of Education has set aside \$680,000.00 for renovations of the Newton Street School.

On March 10, 1986 a meeting was held at the school concerning the renovations. Attending the meeting were parents, board president, Charles Bell, board officials, Willie Thomas, principal, Reverend Wm. Linder of St. Rose of Lima Parish and faculty members.

At the meeting William Belott, Assistant Executive Superintendent of Facility and Service Operations, informed us that money has been allocated to Newton Street School for exterior and interior repairs.

During this meeting there was a

discussion of ways to improve the academic development of our students at Newton St. School, Mr. Thomas discussed the possibility of an eleven (11) month school year to help students who are below grade level.

Since then contracts have been approved by the board and awarded to Park Construction Company, Rutherford, N.J. for window rehabilitation and Malpere Enterprises in Cranford as general contractor.

We realize that this is a cooperative venture and if we all work together there is no way that our children cannot succeed.



Representatives of Newton Street School, Newark Board of Education, New Community and parents meet to discuss long-awaited use of renovation money for the school.

dures to eternal life," for the true bread is not physical, but is the spiritual compassion that prompted Jesus to care for the hungry, the infirmed, the poor. Love of Jesus and love of our neighbors are inseparable, and are both evaluated and manifested by what we do to others. "Inasmuch as you did it to one of the least of these My brethren, you did it to Me." (Matthew 25:40).

An examination of Leonardo Da Vinci's famous painting, the "Last

Supper," reveals Jesus' disciples gathered about Him, and in front of the traitorous Judas, there appears an overturned salt cellar spilling salt that had lost its flavor.

Remember, "you are the 'salt of the earth,' but if the salt loses its flavor ... it is then good for nothing..." (Mathew 5:13)

Lewis Graves
Springfield Branch
Newark Public Library